



SI SUPER HEALTHY & AESTHETIC

Health expert team

www.superhealthaesthetic.com



WHO ARE WE?

As Super Health, we entered the sector in the field of health tourism in 2020. We got input. Contracted patients we bring from Turkey and abroad. Our patients' travel, accommodation, be with them in all preand post-processing processes. We ensure that they receive the most appropriate service. Every year tens of thousands of domestic and foreign tourists from Turkey and Istanbul by regaining health both during treatment and while on vacation. We make sure they leave happily!

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PLASTIC SURGERY



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BREAST AESTHETICS

Full, upright and appropriately sized breast tissue, female it is one of the most important elements of its beauty. breast tissue Not being in the desired form can cause psychological problems such as lack of self-confidence, depression, while at the same time it can lead to some problems such as posture disorder, humpback, hernia in the neck and waist regions, numbness due to compression of the hand and arm nerves in the shoulder region. Hormonal changes, genetic factors, weight gain or loss, pregnancy and breastfeeding cause the breast tissue to lose its form can lead to overgrowth. Breast aesthetic operations, many it is an extremely predictive experience for a woman.

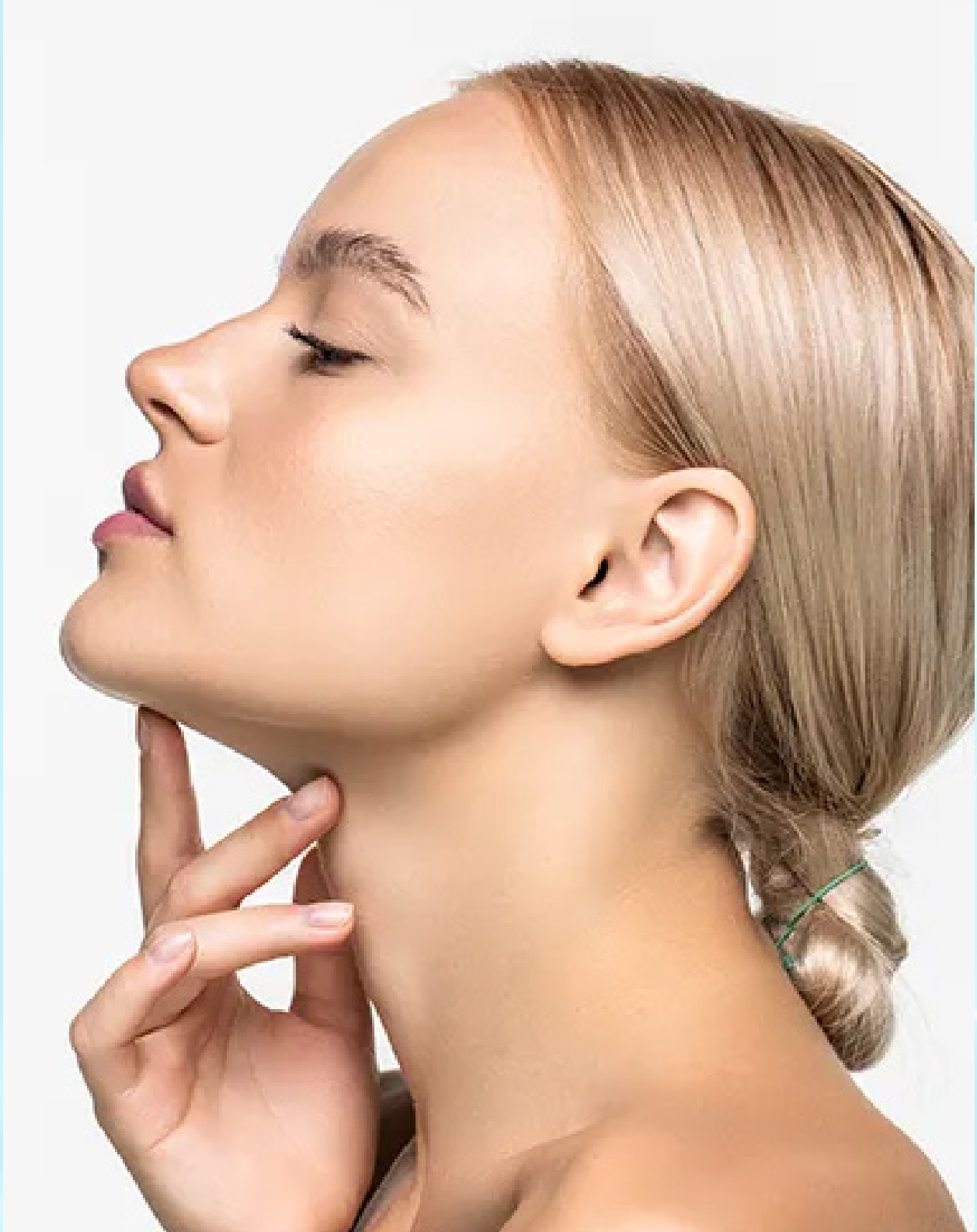
FACE LIFT

in facelift operations, in front of the ear with an incision extending into the hair sagging and wrinkled face and skin by removing the skin neck is stretched. Get it when needed stretching, eyelid surgeries, eyebrow lifting, with surgeries such as oil injection to the face and lips facial rejuvenation by doing it together ensured to be perfect.

JAW - CHEEKBONE SURGERIES

Complementing the insufficient development of facial bones with some synthetic prostheses makes facial features clear and gives a more balanced and aesthetic facial appearance. Jawline chin filling has become one of the most preferred aesthetic operations for people of all ages in recent years.

PLASTIC SURGERY



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BLEFAROPLASTY

With the effect of aging, gravity and genetic factors, some changes occur in the lower and upper eyelids that make the person look older, tired and sleepy. Removing these changes one of the methods is blepharoplasty. Removal of bagged fat tissues, removal of sagging skin and muscle tissue gives the person a more vigorous and youthful look. If it is done together with brow lift surgery, the result will be more obvious and permanent. Again, almond eye aesthetics is the most preferred aesthetic eye surgery in recent years. one of its operations.

RHINOPLASTY

Rhinoplasty operations are planned individually. There are certain proportions and angles within the face itself. If these angles and proportions are caused by a nose If it has changed, it will give the person a harder, more angry facial expression. such as can mask the beauty of your eyes and lips. This rhinoplasty surgeries in order to regenerate the rates makes.

GENITALIA REGIONAL AESTHETICS

Genital aesthetics is one of the most important factors in ensuring a happy sexual life. sagging small reduction of lips, loose and sagging large by filling the lips with oil injection it is possible to support and narrow the vagina.

PLASTIC SURGERY



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TUMMYTUCK

She has given birth several times, stretch marks on her abdominal skin in women with formed, sagging and weakened abdominal muscles. The tummy tuck procedure is extremely beneficial. tummy tuck process; excess fat in the middle and lower abdomen, and sagging skin tissue is removed and the abdomen it is o surgical procedure in which the muscles are strengthened by stretching.

LIPOSUCTION

Liposuction is the process of removing unwanted fat accumulations in the body with the help of cannulas and an aspirator. it is not o weight loss method, but o body shaping operation. If the structure of the skin on it is suitable, it can be applied to almost any area. Certain areas of the body such as the abdomen, thighs, buttocks and face unresponsive to diet and other weight loss methods removal of resistant adipose tissues and body contours. it is o surgical method for better shaping. Liposuction can be applied to more than one area in a single session.

EAR AESTHETICS

The ear contains certain proportions ond ongles both in the face ond in its structure. If the right technique is chosen, o noturol ond oesthetic oppeoronce can be eosily ochieved. in eor oesthetic surgeries, the eor olone Considering that it is o port of the foce instead of evoluoting it, it should not be forgotten that it should be in harmony with the shope ond ongles of the nose. Thus, it is eosier to ochieve o noturol eor shope.

OBESITY SURGERY



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TUBE STOMACH SURGERY

With additional disease such as knee and heart problems people or without any disease in patients with a body mass index of 40 and above it is a surgical treatment for obesity. Simply, 85% of the stomach during surgery. The volume is removed with various medical instruments and the stomach is tubed. The main purpose of the surgery; food for stomach volume restriction. Gastric sleeve surgery it is not a weight loss method. Operation should follow a new diet program in the postoperative period and exercise program as they can they must comply. Patients diet and exercise overweight if they follow the program 65% - 80% in the first year they can give in.

GASTRIC BALLOON

Gastric balloon; surgery in overweight patients it is a non-weight-loss method. This method an endoscopically inserted into the stomach. The balloon is inflated with various special liquids and a volume is achieved. So the saturation early provision of sensation and the patient's food intake is restricted. Gastric balloon procedure patients with only the effect of gastric balloon. They cannot lose weight. As in other transactions in gastric balloon, patients also have a suitable diet and should implement an exercise program.

STOMACH BOTOX

Stomach Botox is an endoscopic procedure that acts by reducing appetite and hunger that prevent weight loss. Stomach Botox is not on obesity surgery. Completely it is an endoscopic procedure performed orally. There is no incision. The procedure takes on average of 20 minutes. During the procedure, patients are put to sleep accompanied by an anesthesiologist. It is not necessary to stay in the hospital. 1-2 hours of observation is usually sufficient after the procedure. About 3 days after stomach botox application appetite reduction and appetite control control is provided

HAIR TRANSPLANT



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DHI HAIR TRANSPLANT

DHI hair transplantation is one of the newest techniques applied in the field of hair transplantation today. While applying hair transplantation with this method, unlike other techniques, a medical pen called Choi is used. After collecting this pen hair follicles it enables the transition to the stage of direct hair transplantation. Your hair it provides the opportunity to be planted without shaving.

FUE TECHNIQUE

in the FUE hair transplant method, hair follicles from all over the body possible to receive. Another advantage of this technique is the leather. The part does not have to be removed and the stem cells One-to-one application can be made on it. custom designed. Only hair follicular units are removed under the microscope with micro needles. The follicular units are removed from the intake process. Hair transplantation after purchase the area to be performed is numbed with local anesthesia, scratch vague places are created in the shape of the hair follicles and these scratches transplanted alone. Hair after transplantation is denser than classical techniques and aesthetically pleasing.

PRP

PRP (Platelet Rich Plasma), also known as frombosite-rich plasma, is a method prepared from one's own blood and used to accelerate, stimulate and regulate the healing processes in many fields of medicine. PRP is in the body's healing response. it supports the growth factors that enable the cells to reach the region and multiply, and also have very positive effects on the formation of new vessels and the production of tissue proteins. PRP indications are used in different ways in many different fields, especially Orthopedics, Hair transplantation and treatments, Medical Aesthetics. applicable.

HAIR TRANSPLANT



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EYEBROW TRANSPLANT

Due to factors such as injury, burns, illness best for people whose eyebrows have fallen out completely. The solution is eyebrow transplantation. This applies both for eyebrow shedding and for eyebrows solution to dilution. Eyebrow transplant FUE technique can be done successfully. Eyebrows with a permanent and natural appearance can be created successfully

BEARD TRANSPLANT

For the male face, the beard is like an accessory. For men beard is a part of the aesthetic appearance of the face. Beard transplantation, usually another part of the body, such as hair transplantation. Transfer of hair follicles taken from the beard area to the beard area. It is done by sowing, that is, by planting. Beard transplant FUE technique is used during Does not spill into the beard area The hair roots taken from the areas with the feature are planted. Beard transplantation in this area with scars, burn marks, beard breakers. It can also be done for people with problems.

WHICH TRANSPLANT

The mustache shape significantly affects the external appearance in men. Is changing. Because of the genetic makeup of some men. It may not grow on the mustache or it may grow less. Sometimes permanent mustache due to a disease or cut loss in the region. Here, mustache transplant is complete. This is where it comes into play. Mustache transplantation is performed in men who do not like the density and shape of their mustaches. Hair follicles taken from the area with the FUE technique it is collected and transferred to the mustache area where necessary.

DENTAL TREATMENTS



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DENTAL IMPLANT

Dental implant; Aesthetic and aesthetic problems of teeth lost due to untreatable caries, fractures and trauma. They are titanium screws that are placed in the bone, thus imitating the root of the tooth, in order to restore its function. Dental implants, titanium biologically with our body, thanks to its compounds they adapt. Because they imitate the root of the tooth, they can give healthier and more successful results compared to traditional crowns, bridges and total prostheses.

TEETH WHITENING

it is an aesthetic eye that is recommended to people who are not satisfied with the color of their teeth. it is a method used to whiten teeth that have changed color for various reasons or to lighten a personalized tooth color a few tones. Stains on teeth are caused by consuming certain foods and beverages or smoking. By going to check-ups at regular intervals, your dentist deems appropriate. You can have teeth whitening procedure done.

HOLLYWOOD SMILE

Smile design; zircon crowns, bonding, whitening, gum operations, bridges, tooth length adjustment and bringing it to the desired state with techniques such as lip shaping. The gums of the person for whom the smile is designed regain their normal appearance, the colors of the teeth, cracks and fractures are corrected, the closing of the teeth is corrected and they return to their normal state.

RHINOPLASTY



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WHAT IS RHINOPLASTY?

At Super Healty Aesthetic, rhinoplasty is a surgical procedure designed to enhance the appearance and function of the nose. It can be performed for both aesthetic and medical reasons, such as reshaping the nose to fit your facial harmony or correcting structural issues that impair breathing.

RHINOPLASTY TECHNIQUES

The rhinoplasty techniques we offer at Super Healty Aesthetic are tailored to each individual's needs. Closed rhinoplasty involves incisions made inside the nose, leaving no visible scars, while open rhinoplasty may be used for more complex cases with a small incision made on the upper part of the nose. Before surgery, we conduct a detailed analysis to ensure the natural look and functionality of your nose.

RECOVERY PROCESS AND RESULTS

The recovery process following rhinoplasty at Super Healty Aesthetic is carefully monitored by our professional team. Swelling and mild bruising may occur during the first few weeks, but as the results become more defined, you'll achieve a natural and satisfying appearance. Rhinoplasty not only boosts confidence but can also improve breathing functions.



Health expert team

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